



The Cyber Risk Traffic Light Game:

"Digital Defense Freeze"

www.defendersprotection.org



Physical Format:

- Divide the group into teams (odd numbers preferably).
- Each team gets a set of three large colored cards
- (Red, Amber, Green).
- Facilitator stands at the front, acting as the "Threat Environment" manager.

Gameplay:

1. Facilitator presents a couple of complex, open-ended scenarios relevant to the country/ region/civic space context.
2. Each team takes 2 minutes to:
 - Identify the possible/likely threats
 - Discuss the mitigating measures and reach a consensus on the overall risk level.
3. On the facilitator's count, each team simultaneously holds up one card (Green, Amber, or Red).



Debriefing:

The facilitator then asks teams that chose different colors to defend their rating.

This generates a discussion on the interpretation of risk factors (e.g., why one team rated it Amber=proceed with caution, while another rated it Red=high risk, do not proceed).

Learning Focus:

- 1.The importance of real-time communication and collective team response in a security crisis
- 2.Tests the organisational security culture.
- 3.Teaches the discipline of structured risk assessment, which is crucial for ensuring safety and the sustainability of an organization's operations.
- 4.The team with the most "Green" answers is awarded.



Green:

We can continue/proceed. The risk is manageable; our routine security protocols are sufficient.

Response Action: The group jogs onsite/in one place.



Amber:

We must pause, think of immediate mitigation actions and proceed slowly and with caution.

Reponse Action: The group tiptoes on site/in one place



Red:

Red: We must stop, can't proceed!

Response Action: The group freezes in varying body positions and remains silent/still.

1. Your organisation's secure cloud folder briefly takes longer than usual to sync, but all files appear intact and unchanged.

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2. Your laptop warns:
“Incorrect password”
when you try joining
the usual office Wi-Fi.
A colleague confirms
IT just reset the router
login details that
morning.

3. Your browser blocks a pop-up advertisement from a news site you visit often. Everything else on the site loads normally.

4. Your scheduled Zoom link expires and asks you to generate a new one something that occasionally happens with short-lived meeting IDs.

5. You receive a login warning for your email from “Kampala, Uganda.” You are in Kampala, but did you log in somewhere else that day?

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6. You receive a
“Password reset
requested” email for
your work account,
but you didn’t
request it. No new
activity appears in
your login log.

7. Your phone's Bluetooth turns on by itself. No devices show up as connected.

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8. You click a trusted link, but it redirects once to an unexpected page before loading correctly on the second try.

9. A colleague requests access to a sensitive document, but their explanation sounds incomplete.
They say it's for a "quick cross-check."

10. You receive a text message naming your exact current location and warning you to “stop whatever you’re planning.”

11. Your phone screen begins opening apps on its own, and someone starts typing into your browser.

12. Someone comes to the office insisting they have “authority” to inspect your computers, refusing to show documentation.

13. You receive an alert that someone tried to log into your Google account using an old device that was stolen two years ago

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SECURELY ON SIGNAL



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